

Beaten Breast Cancer? Considering Reconstructive Surgery? Advice & Support is on hand in the North East!

Dealing with the news that you have breast cancer and coping with the fallout and fight that follows is just one part of the story for many hundreds of women in the North East and across the world.

Those that manage to survive breast cancer have a raft of other issues to deal with, one of which is the decision to have - or not to have - reconstructive surgery.

FACT is hosting advice evenings concerning reconstructive surgery - where women who have been through the process are even prepared to show the results of their surgery in an effort to help.

Joanne Smith, founder of FACT -knows all about the trials of breast cancer, Joanne went through all the usual aggressive cancer treatments and operations and happily her cancer story ended well. At the end of her treatment Joanne made the decision to undergo reconstructive surgery. *"It was a difficult decision. I had seen enough of hospitals to last me forever. Did I really want to put myself through more operations, and my family have to put up with me out of action yet again?"*

FACT have organised a series of Breast Reconstruction Advice Evenings. They offer a chance for women considering this step to ask questions of women who have already been through it. Accompanied by a friend (over the age of 18), they will be able to speak to medical professionals who can talk about the surgery and the recovery processes. There's even a chance to see the results of various types of reconstructive surgery. The aim is to offer advice and support in a relaxed atmosphere away from the clinical confines of hospital.

Joanne says: *"Making a decision about reconstructive surgery can be a stressful and upsetting process for ladies to deal with at the end of fighting a serious illness and the side effects of aggressive treatments. FACT aims to help people in this position as much as possible, as we know from personal experience, how much support is needed in this aspect of going through the cancer journey."*

See our events page for this years advice evenings

